



Healthy Start Coalition of Hillsborough County

Is Your Baby Safe?

In a friendly supportive group, this workshop will help you keep your baby safe from the top three preventable causes of infant death. You will be empowered and educated with the latest research related to newborn safety by experts in the maternal and child health field. Parents, family, friends and anyone who cares for you baby is invited.



Choosing a Safe Caregiver

You will learn how to choose safe, nurturing caregivers for your baby.



Soothing a Crying Baby

You will learn tips and techniques on how to cope with your baby's crying.



Sleeping Safely

You will also learn how to practice and promote safe sleep practices for your baby.

Wednesday, February 1, 2012

10:00 a.m. to 12:00 noon

Children's Board Family Resource Centers in Brandon

1277 Kingsway Road • Brandon, FL 33510

To register, please call the Center at 740-4634.

Funded by:



Children's Board
HILLSBOROUGH COUNTY

www.ChildrensBoard.org



We Are Here

www.HealthyStartCoalition.org

This lifesaving information is offered through the Safe Baby program of the Healthy Start Coalition of Hillsborough County. Classes are funded by the CJ Foundation for SIDS and the Children's Board of Hillsborough County.

Safe Baby is also supported by Tampa General Hospital, Florida Hospital Tampa, St. Joseph's Women's Hospital and Brandon Regional Hospital.

For more information, visit www.healthysafebaby.org