



**FAMILY SUPPORT &
RESOURCE CENTERS**
Happier...Healthier...Stronger!



Research Based:

Emotional climate within which an infant grows up affects the extent to which she becomes an active, curious, self-motivated learner who cooperates with caregivers and persists at challenging tasks.

Funded by:



The Family Support & Resource Centers are administered by the Healthy Start Coalition of Hillsborough County, Inc. Managing partners include Bright Beginnings, Catholic Charities, Child Abuse Council, Family Community Advisory Councils, St. Joseph's Children's Advocacy Center and The Children's Home, Inc.

SUCCESS STORY

July 2011

FSRC

A Safe Emotional Climate

Like others, Vianey Barrios found the North Tampa Family Support & Resource Center (FSRC) upon the recommendation of a friend. She and her husband Martin Lopez, wanted to learn more about services in the area for their toddler.

"I saw a great opportunity not only for Julieta but for my family, too," she says.

Vianey took Julieta to the FSRC's Child Development Playgroups, offered by the Child Abuse Council's Baby Bungalow program.

Julieta was shy at first. Clinging to her mom, she did not want to participate with the other children. Eventually, Julieta warmed up to the others and began participating in its fun activities. Then Vianey noticed a dramatic change in behavior as Julieta became an active participant in classes such as Growing Together, Wonder Years, Little Amigos, and Music & More. Now she is close to her instructors and has made new friends.

Her mother believes that it was her involvement in the Child Development Playgroups that helped her become less timid. Julieta now has a new baby sister, Valeria, to show off at the Center's events.

Using the same engagement activities from the playgroups, Vianey knows what kinds of toys her children can play with and what music they will respond to. She believes she is a better mother now and thanks the Center's facilitators. *"They have been a positive influence in my family's life."*

www.familysupporthc.org