Please call 641-5600 to make your reservation.

CHILD DEVELOPMENT
Provided by Champions for Children’s Baby Bungalow Program led by Trained Facilitators

- **Baby & Me**: A 5-week developmental playgroup for pre-crawling, crawling and toddling babies birth to 14 months. This playgroup targets the unique needs of infants for free exploration and play as well as caregiver/child attachment.

- **Creative Learning**: A 5-week playgroup for 3, 4 and 5 year olds that will stimulate your child’s creativity, initiative and cognitive development using science, math and art play.

- **Growing Together**: A 5-week developmental playgroup for confidently walking 1 year olds (12 to 24 months) that targets early childhood development through music, singing, rhymes, motor activities and social interaction.

- **Infant Massage**: A 3-week course for pre-crawling babies that will strengthen the bond between the caregiver and baby. A certified infant massage educator will instruct the caregiver on the techniques and benefits of infant massage.

- **Little Amigos**: This 5-week playgroup for 2, 3 and 4 year olds exposes English-speaking children to Spanish through music, singing, rhymes and activities.

- **Music & More**: A 5-week playgroup that nurtures the developmental growth of 6 months through 5 year olds. Musical play promotes language development, social/emotional development, and motor and cognitive skills.

- **Wonder Years**: A 5-week developmental playgroup for 2 and 3 year olds that targets early childhood development through music, singing, rhymes, parachute play, stories and creative activities to promote preschool readiness.

- **Developmental Screening**: Families meet with an early childhood specialist to complete the Ages & Stages Questionnaire for children ages birth to 5.

HEALTH
Provided by St. Joseph’s Children’s Wellness and Safety Center

- **Well Child Care**: Children who are uninsured and on Medicaid receive free immunizations and school physicals by appointment with the Mobile Health Clinic.

- **Nutrition Classes**: Fun classes that include activities which teach the child about healthy foods, nutrition, and eating habits.

- **Hearing Screening** (ages birth-18)

- **Vision Screening** (ages 2-18) Provided by Preserve Vision Florida

- **Dental Services** (ages 6 months-18) Provided by Suncoast Community Health Centers & Tampa Family Health Centers

SAFETY
Provided by St. Joseph’s Children’s Wellness and Safety Center

- **Car Seat Safety Class**: After viewing a presentation on how to pick the appropriate car seat and secure it correctly, you will be able to do it hands on!

- **CPR & First Aid Class**: An 8-hour certification class where you will learn how to perform Cardio Pulmonary Resuscitation and choking rescue on infants, children, and adults. You will also learn how to handle many emergencies such as bleeding, shock, poisoning, head and spine injuries and much more. This is a great course for all parents, grandparents, babysitters and anyone who cares for children.

- **Safe Sitter Class**: An 8 hour class for kids ages 11 through 17 to learn how to handle behavior problems, rescue a choking infant and child, how to run your own babysitting business, first aid and how to keep yourself and children you are babysitting safe.

CENTER DRIVEN PROGRAMS

- **Family Community Advisory Council**: Join this group of community members and have the opportunity to suggest or recommend programs and services at your Center.

- **Book & Video Check Out**: Books and videos are available for participants to check out.

- **Free Play**: A fun and relaxing time for children ages 1 to 4 years old and caregiver.

- **Arts & Crafts for Children**: Kids will enjoy projects which help develop their creative side, ages 2-4 and 5-12 years.

- **Conversational English**: Learn the basics on how carry on a conversation in English.

- **Story Time**: Storytelling, singing and more.

- **Volunteer Program**: Volunteer opportunities for events and Center-driven activities.

- **Internship Program**: For juniors in Hillsborough County high schools and requires an application and interview process.

- **Family Events**: Activities involving the entire family.

COMMUNITY SERVICES

- **ACCESS Assistance**: Apply for or check status of benefits.

- **Computer Lab**: Participants may use a computer for computer for education, employment search, and community resources.

- **Family Counseling**: Provided by Success 4 Kids & Families and Israel’s House.

- **Florida KidCare Assistance**: Help with applying for Florida KidCare Insurance.

- **Health Insurance Marketplace Assistance**: A "navigation" specialist can help you through the health insurance application process and answer questions you may have.

- **Notary Services**: For simple documents, 3pm to 5pm, Monday through Thursday.

- **SEEDS**: A program provided by The Children’s Home that supports and empowers families in their child’s educational, social, and developmental experience.

- **Support Groups**: Various groups.


All programs and services are at no charge to families and individuals.

www.familysupportthc.org